



SCHEDULE OF EVENTS

Friday, May 11

3:30pm-6:30pm

Registration & Packet Pick Up

(Healthy Essentials 8004 Abbeville Ave. Lubbock, TX 79424)

806.771.5959

Saturday, May 12

6:30am

Parking Starts

6:30am - 7:30am

Late Packet Pickup (Race Site)

7:00am - 7:45am

Body Marking (Race Site)

7:45am

Pre Race Meeting

8:00am

Marley's Kids Tri Start

9:00am

Buffman and Squeaky Swim Start

9:50am

Dog House Sprint Swim Start

11:30am

AWARDS & food at the Lake

***** If the Weather is really warm,
we will move the start time earlier*****

This decision will probably be made the day before the event.

Begin preparing for the 6/24/12 IRONMAN 70.3 Buffalo Springs Lake

VISIT WWW.BUFFALOSPRINGSLAKETRIATHLON.COM FOR UPDATES and DETAILS

Thank you again for participating!

Mike and Marti Greer



Holiday Inn Hotel Lubbock

3201 South Loop 289, Lubbock, TX 79423 - (806) 797-3241

1. Head east on **Texas 289 Loop Frontage Rd E** toward **Elgin Ave**



2. Take the 1st right onto **Elgin Ave**
About 2 mins



3. Turn right onto **82nd St**
About 6 mins



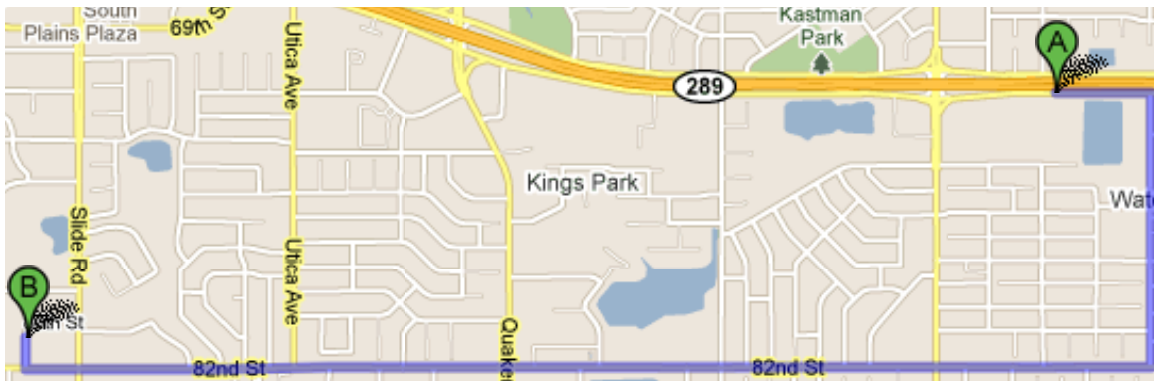
4. Turn right onto **Abbeville Ave**
Destination will be on the left

**Directions to
Healthy Essentials
from Holiday Inn
Plaza on Loop 289.**



Healthy Essentials

8004 Abbeville Avenue, Lubbock, TX 79424-2806 - (806) 771-5959



Map to Buffalo Springs Lake from the Holiday Inn Plaza Loop 289.

